**** Becoming an Achiever

Worksheet One

Rate yourself in these areas

S W Tick **S** – STRENGTH W - WEAKNESS

\_\_\_\_\_ \_\_\_\_\_ I have confidence in myself

\_\_\_\_\_ \_\_\_\_\_ I am a risk-taker

\_\_\_\_\_ \_\_\_\_\_ I am willing to work to make changes in myself

\_\_\_\_\_ \_\_\_\_\_ I take responsibility for my problems and don’t blame

other people

\_\_\_\_\_ \_\_\_\_\_ I try to think outside creatively about things

\_\_\_\_\_ \_\_\_\_\_ I try to always look at things in a positive way

\_\_\_\_\_ \_\_\_\_\_ I am flexible and can see more than one possible

solution when solving a problem

\_\_\_\_\_ \_\_\_\_\_ I have an area of special interest – something I am passionate about

\_\_\_\_\_ \_\_\_\_\_ I practice discipline and self-control

\_\_\_\_\_ \_\_\_\_\_ I get excited when I try new things

\_\_\_\_\_ \_\_\_\_\_ When things go wrong I don’t get angry with myself

\_\_\_\_\_ \_\_\_\_\_ When things go wrong I try not to think “poor me”

\_\_\_\_\_ \_\_\_\_\_ I try to hang around with people who are positive

\_\_\_\_\_ \_\_\_\_\_ I am a hard worker and always try to do my best

\_\_\_\_\_ \_\_\_\_\_ I am clear about the things I want to do

Congratulations on your strengths!!!

The weaknesses you have ticked will be the basis for some of the activities we do as part of the Studyvibe Community. Remember these are NOT FAILURES but CHALLENGES to give you a focus for improvement. Why not join us so you can meet the challenge of turning these weaknesses into strengths.